

The Challenge – Preseason – Day 7

2010TCPREDOe: Downloading the Challenge Content

Running Time: 3 mins



Intro

Hi, guys! It's **Nez** here. I've got a very short video for you to show you **how to download the content for the Challenge**.

If you're brand new to all this sort of stuff, then your actual downloading of the content might seem a little tricky. It's very straightforward. And I've got a very short video to show you how to do it. And **you can download the content either from the actual training pages themselves or I'll show you how you can get it delivered automatically via iTunes** if that might be something you prefer.

So, let's go have a look!

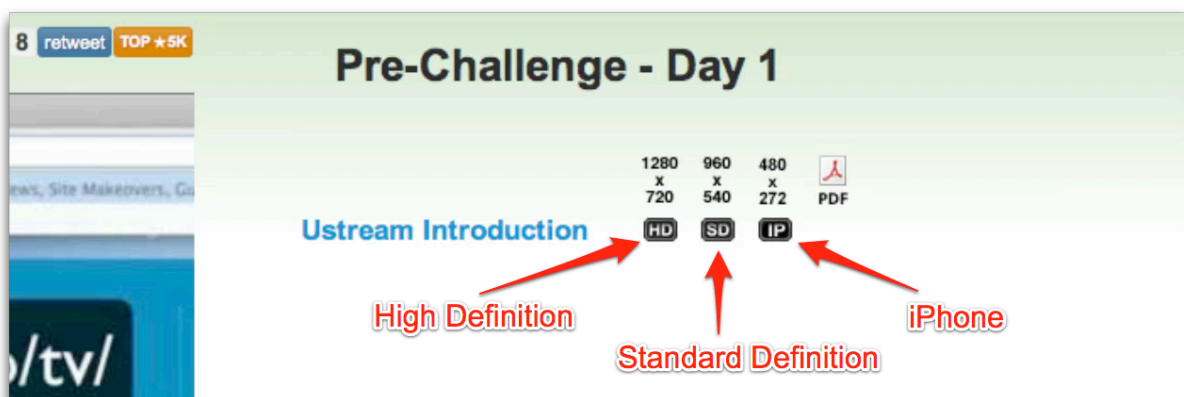
Downloading the Content



Downloading the content for **the Challenge** is a very easy thing to do.

You can see here I've gone to the **Ustream** page that we published as the first part of our **Pre-Challenge** for **the Challenge** of 2010.

And you'll see we've got the YouTube video there on the page and this blue link here is also a link to the YouTube video if we wanted to go to YouTube to watch it.



Now, over on the right, you'll see three buttons: **HD**, **SD** and **IP**. Now, these are the **HD-ready** version, the **Standard Definition** version and the **iPhone-ready version** of the video files. And **every piece of content for the duration of the Challenge will be published with those three options**.

Now, if I hold my mouse over the top of the **HD** icon, it gives you instructions to **right-click to download the HD version of the video**. So, if I right-click, I get the option to **save the link as...** (and the link is actually the video itself). So, I'll save link. And I get given the option to save the

video. I can save it to my desktop or save it to anywhere I like. That's entirely up to you (with the **IP** and the **SD** versions, and with the **PDFs**, it's the same thing. If you hover your mouse over the icon it'll let you know that you need to right-click to download).

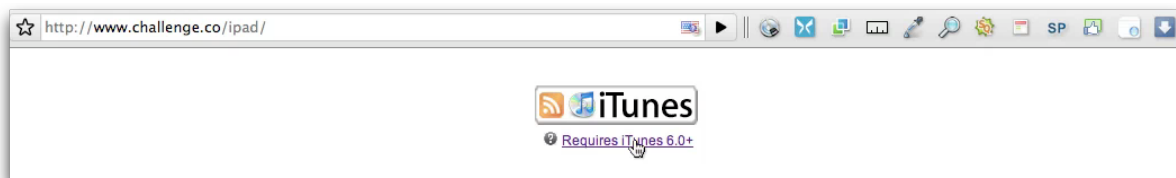
If you hold your mouse over the SD icon, you'll also see that **the SD version of the videos are compatible with iPad**. So, all the iPad users out there, you'll be able to watch the iPad versions of the video and enjoy those.

Now, the other quick thing I wanted to show you is that there's a PDF icon: **there'll be a transcript of every video and will generally be available roughly 24 hours after the videos have been released** to give our transcriber, **Dom**, time to actually get the transcriptions done.

Subscribing via iTunes

And lastly, **we have three subscription buttons for iTunes**. If you'd like to get the content delivered to you via iTunes every day, you just subscribe to one of these iTunes feeds.

Now, we're only offering the iPhone version and iPad version of the videos, as well as a feed for the transcript. So, if you wanted to get, say, the iPad version of the videos and the transcripts, you would subscribe to both the iPad version and the PDF version of the transcripts.



So, just to show you what happens, if you hover over the iPad iTunes icon **Subscribe to the iPad compatible videos feed in iTunes appears**. And if I click that icon, it's going to take me to a fresh page and you'll see up here, we've got a button with a link to go straight to iTunes.

And if I click on that button, it'll give me an option to open up the iTunes program and subscribe to that feed. And from then on, I'll get the content delivered fresh every day (or whenever the content's released).

If I don't have iTunes on my system already (which you might not), there's also a link down here that will take you straight to the iTunes download so you can grab a free copy of iTunes in order to subscribe to the feeds.

Wrap Up

So, that's it! Nice and simple. And enjoy **the Challenge!**

Actions

- Have a go at downloading some of the content from the Challenge
- Subscribe to an iTunes feed to have the content delivered to you automatically

Handy Tip - By far **the easiest way to get the content onto your computer is by using the iTunes feeds**. The feeds are updated simultaneously with the content pages, so the latest content is always there at the same time. **It's a really great way to make sure you have all the transcripts as soon as they are available too.**

Resources:

iTunes - <http://www.apple.com/itunes/download/>
Click here to download your copy of iTunes.